



***When did
you lose
confidence
in your***

BALANCE?

Falls can be an accident, but most are due to factors that can be improved. Want to learn more?

Please join us for a **FREE** evening talk to educate you on what you can do to decrease your risk for falling.

Open to anyone who has or knows someone with decreased balance.



www.kort.com

**March 16th, 6:30 pm
@ KORT Springhurst
3594 Springhurst Blvd., 40241
Please R.S.V.P.
(502) 339-4700**