

A comfortable place where all the aches, pains disappear

By Jennifer Corbett
The News Standard

During each day at the office, the members of Kentucky Orthopedic Rehab Team, aka KORT, only have one thing in mind for their patients: to fight those aches and pains and hope for a pain-free tomorrow.

KORT specializes in physical, occupational therapy and helps their patients heal from things such as back, shoulder neck, and knee pain, arthritis, tendonitis, fractures and breaks, chronic headaches, sports-related injuries, strains or sprains, and joint inflammation.

KORT also caters to their patients' needs by using their gym, aquatic pool and fitness program.

Some of the other types of patients KORT helps with are people injured in auto accidents, workers comp cases, and war veterans.

According to Interim Clinical Director Shannon Burke, to visit KORT a person does not need a doctor's referral, as compared to other physical therapy outlets.

KORT is located off Hillcrest Drive in Brandenburg and has been open for almost seven years.

It has a seven member staff, which includes two physical therapists, two physical therapist assistants, two part-time technicians and a patient service specialist.

Rather than only sticking to its typical 8-5 business hours, KORT tries to coordinate with their patients' schedules.

"A lot of people have to work in Louisville, so we try to stay open late to accommodate their schedule," Burke said.

During a normal day in the office, the physical therapists see about 30 patients, though the number changes daily.

"It just depends on our schedule... and how many are here," Burke said.

Burke isn't a stranger to working with physical therapy patients.

After her employer Winn-Dixie went out of business, Burke had the opportunity to attend school for free.

So the next semester, she enrolled in Jefferson Community College and even through the stress, she knew right away her calling was in physical therapy.

"I had therapy on my foot and I wasn't really

impressed with it. I didn't think it helped me," Burke said. "I thought all through school 'why am I doing this?' and it clicked in my second semester. God just kind of said 'this is what you're doing' and I finally agreed with him."

Since making the decision during school, Burke said there are days that remind her she went down the right path in life.

"We've got a really good team here. We all work well together and the patients come first, obviously," Burke said.

That team effort usually equals to making therapy sessions a little more pleasant.

"We try to make it fun because nobody wants to come into therapy," Burke said. "It's painful, you know. So we try to make sure it's a little bit of fun... and it's great when they're walking out of here better and improved."

KORT is located on 815 Hillcrest Drive. The business is open from 8 a.m. to 5 p.m. Monday-Friday.

For more information about KORT, call the business at 270-422-3366 or visit its Web site at www.kort.com.



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Clinical Director Shannon Burke (left) helps out her patient Barbara Parrish during her therapy session at KORT, which is located on 815 Hillcrest Drive. KORT offers state of the art facilities such as an aquatic pool and fitness program to help their patients recover quickly.