



The **WorkStrategies Functional Capacity Evaluation (FCE)** provides an objective and comprehensive evaluation of an individual's ability to perform essential work functions. The FCE is an important tool used to assist employers, physicians, insurance companies, attorneys, case managers and vocational consultants to determine safe, functional levels for an individual to either return to work or to establish functional ability. The evaluation assists referral sources by offering information for adjudication of claims in short/long-term disability, providing return-to-work capabilities and determining ability levels for liability cases using appropriate medical standards.

THE WORKSTRATEGIES FCE FEATURES:

- » **Standardized Functional Testing Protocols**
All FCEs follow the established national FCE standard protocols and testing methods utilizing standard evaluation tools which are widely accepted in the field and in scientific literature.
- » **Peer-review Research**
Our FCE is based on peer-reviewed published literature and includes physiological, biomechanical and psychophysiological approaches.
- » **National Network**
Select Medical has a national network of experienced clinicians who can administer FCEs. Experienced evaluators are certified through standardized training approved by our Clinical Education Program.

THE WORKSTRATEGIES FCE ADDRESSES THREE CRITICAL COMPONENTS TO FORMULATE A DETERMINATION OF AN INDIVIDUAL'S CURRENT FUNCTIONAL ABILITY LEVELS:

- 1 An assessment of clinical function**
Includes diagnostic-specific deficits such as range of motion (ROM), strength, neurological dysfunction and stability/mobility.
- 2 An assessment of functional ability**
Includes lifting, carrying, pushing and pulling, as well as positional tolerances such as walking, sitting, standing, bending, reaching and hand function with physiologic monitoring, cross testing and performance analysis.
- 3 An assessment of functional work tolerances.**
These are the factors that identify the individual's tolerance to perform functional tasks and job-specific activities as dictated by the referral question.

With these three interrelated components, an individual's current function level can be quantitatively assessed and determined with conclusion of the functional capacity that is safe, reliable and defensible.

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