



Dear Parent/Guardian,

_____ School is currently implementing an innovative program for our student-athletes. This program will assist our team physicians/athletic trainers in evaluating and treating head injuries (e.g., concussion). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post Concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to successfully diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of head injury and when the injury has fully healed.

The computerized exam is given to athletes before beginning contact sport practice or competition. This non-invasive test is set up in "video-game" type format and takes about 15-20 minutes to complete. It is simple, and actually many athletes enjoy the challenge of taking the test. Essentially, the ImPACT test is a preseason physical of the brain. It tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

The purpose of this testing is a very important one – it is designed to establish and store a Baseline of cognitive function that a Doctor can use to compare your child's post Injury performance on the same test in the event that they sustain a suspected concussion or other traumatic brain injury (TBI). While the testing can't prevent an injury, and should never be used by a Coach, Parent or Athletic Trainer to make a final decision on whether your child has had an injury or has recovered and can safely return to play/return to the classroom, it is a valuable tool for your Doctor if and when your child might sustain a concussion or similar injury.

If a concussion is suspected, the athlete will be required to re-take the test. Both the preseason and post-injury test data is given to the treating physician to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will enable these health professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

I wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The administration, coaching, and athletic training staffs are striving to keep your child's health and safety at the forefront of the student athletic experience. Please return the attached page with the appropriate signatures. If you have any further questions regarding this program please feel free to contact me at 502-544-0323.

Sincerely,

Doug Means, MA, ATC
Director of Sports Medicine, KORT